

# Elms College Off Campus Mental Health Resources

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## Massachusetts Mental Health Helpline

[https://www.mass.gov/cbhc-crisis-care?utm\\_source=google&utm\\_campaign=mbhp\\_phase2&utm\\_medium=english\\_cbhc&gad\\_source=1](https://www.mass.gov/cbhc-crisis-care?utm_source=google&utm_campaign=mbhp_phase2&utm_medium=english_cbhc&gad_source=1)

Crisis/Information Number: 833-773-2445

## Community Behavioral Health Centers in Massachusetts

If you or a loved one are experiencing a mental health crisis, you need care that's near you, for you — right now. Community Behavioral Health Centers (CBHCs) offer immediate help 24/7 in communities across Massachusetts.

<https://www.mass.gov/find-a-cbhc>

## Western Mass CBHCs

- Center for Human Development (CHD) \* **This resource is used for Elms Main campus**  
<https://chd.org/programs-services/>  
CHD crisis line: 1-833-243-8255  
1109 Granby Road Chicopee MA 01020
- Behavioral Health Network  
<https://www.bhninc.org/services-and-programs>  
Main Number: 800-437-5922  
BHN Crisis line: 413-733-6661  
417 Liberty Street Springfield MA 01104
- Behavioral Health Network  
<https://www.bhninc.org/services-and-programs>  
Main Number: 800 439 5922  
77 Mill Street Westfield MA 01085
- Clinical Support Options

<https://www.csoinc.org/>

800- 562-0112

8 Atwood Drive Northampton MA 01060

- The Brien Center

<https://www.briencenter.org/>

800 252 0227

334 Fenn Street Pittsfield MA 01201

### **Additional Mental Health Resources**

- Psychology Today

[https://www.psychologytoday.com/us?tr=Hdr\\_Brand](https://www.psychologytoday.com/us?tr=Hdr_Brand)

- Gandara Center: Culturally Sensitive Care

<https://www.gandaracenter.org/>

Main Number: 413-736-0395

2155 Main Street Springfield MA

299 Carew Street Springfield MA

- Rehabilitation Centers by State

<https://rehabs.org/centers/>

- Global Mental Health Resources

<https://www.therapyroute.com/article/helplines-suicide-hotlines-and-crisis-lines-from-around-the-world>

- YWCA of Western Massachusetts

<https://www.ywworks.org/>

- National Suicide Prevention Hotline

Call or Text 988

- Trevor Project: LGBTQ+ Resources

<https://www.thetrevorproject.org/get-help/>

Crisis Line: 1-866-488-7386