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www.elms.edu

Congratulations on your acceptance to Elms College!

**The Deadline for Health Documentation Submission is August 8th 2025**

The Health Center is required to have the following documentation on file (verbal history of the disease or verbal history of receiving the immunizations is not sufficient). Required forms are also available on our website.

Some medical documentation may take some time to obtain so please begin the process soon. Please submit the following documentation to the Health Center at the above address as soon as possible:

I. Report of Medical History Form- filled out by YOU, signed/dated

II. ALL required immunizations

- A. Tdap within 10 years
- B. Documented immunity to Varicella: Series of 2 vaccinations OR positive titer OR physician certified history of chicken pox. (Nursing students can NOT submit history of chickenpox)
- C. Documented immunity to measles, mumps, rubella: series of 2 vaccinations OR positive titers for ALL 3 (Measles, Mumps, and Rubella titers)
- D. Documented Immunity to Hepatitis B: Series of 3 vaccinations OR positive titer (Nursing students must submit a vaccine series and a positive titer)
- E. Either a meningitis vaccine within 5 years OR the signed Meningitis Waiver Form

III. Physical Exam (within 1 year from the start of the semester) The Physical Exam Form must be completed, signed/dated by the physician and stamped with their office information.

IV. TB Screening Form (Traditional and Accelerated Nursing Students are exempt from this requirement)

**Failure to supply the state required documentation by the deadline will result in a health hold. Having a health hold means that you cannot register for classes or move into the residence halls.**

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**UNDERGRADUATE NURSING STUDENTS:** Submit medical documentation to the Health Center **AND** upload your documentation to Sentry. For more information, please reference the "Nursing Student Welcome Letter" and/or contact the School of Nursing.

**ATHLETES:** Are required to submit documentation to the Health Center **AND** Athletics. For more information about additional requirements for athletes, please visit:

<https://ecblazers.com/information/Pre-Participation-Medical-Paperwork>

We are here to ensure your success. If you have any questions, please contact the Health Center at (413) 265-2288, Fax: (413) 592-9939 or email [healthcenter@elms.edu](mailto:healthcenter@elms.edu)

Thank you,

Health Center Staff